



PETERSON

Ambulatory Care Center



***Comprehensive Outpatient Medical
Services For The Whole Family***



The Ambulatory Surgery Center

- 3 Operating Rooms
- 2 Endoscopy Procedure Rooms
- Infusion Therapy
- Pain Management
- Comfortable and private pre-procedure and recovery areas

The Ambulatory Surgery Center (ASC) includes procedures that do not require an overnight stay. These surgeries include general, gynecological, ophthalmology, otolaryngology, orthopedic and podiatry surgeries. Some of the most common procedures performed at the ASC include biopsies, hernias, cataract removals with lens implant, tonsillectomies, adenoidectomies, myringotomies with tubes, knee and shoulder arthroscopies, carpal tunnel and trigger finger releases, bunionectomies, hammer toe release and other foot surgeries.

Endoscopy services include colonoscopies and esophagogastrosopies (EGD's).

Infusion therapy services are also performed at the ASC. These services include blood transfusions, antibiotic and other medication IV infusions, phlebotomies, chemotherapy infusions & medication injections.

Pain management services include consultation with an anesthesiologist trained in chronic pain management. Treatments include epidural steroid injections using advanced radiology equipment to ensure exact needle placement, nerve blocks, trigger point injections and radio-frequency nerve ablations.



The Rehabilitation Center

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Pediatric Therapy

The Rehabilitation Center serves patients who need to build or restore strength, function and quality of life. Physical Therapy, Occupational Therapy, and Speech Therapy are a few of the services provided. Peterson's Rehab Center houses a large exercise gym with state-of-the-art equipment. An indoor, heated therapy pool, equipped with an underwater treadmill and a lift for non-ambulatory patients is conveniently located next to the gym.

Pediatric therapy is available for children with special needs. The pediatric rooms are designed to provide a fun, playful environment. Our Pediatric Physical, Occupational, and Speech therapists use a multi-disciplinary approach to determine and reach each child and family's goals.

Hand therapy is available for those needing rehabilitation of the hand and upper limb, most commonly caused by injury, disease (eg. arthritis) or a disorder such as carpal tunnel syndrome. Hand therapy consists of assessment and treatment of the condition by a certified hand therapist.

Pelvic Floor Muscle Re-training (PFMR) consists of re-training exercises to address issues of the bladder and bowel control and to strengthen and align muscles.

Other specialized therapies include: VitalStim, Vestibular therapy, Low Vision life-skills therapy, Swallow therapy, Cognitive retraining and Pre-driving assessments.



The Imaging Center

- MRI
- CT
- 2 Digital Mammography Units
- 3-D Mammography Cad
- 2 Ultrasound Units
- Fluoroscopy
- Tomography
- Chest Unit

Peterson's Imaging Center provides comprehensive outpatient radiology services in a convenient setting. The new Toshiba Titan MRI has many technical enhancements, including faster scans and a shorter, wider tunnel for greater patient comfort.

The advanced Phillips 40 channel CT has the latest spiral imaging system, providing multi-dimensional views of the body with higher resolution than previous technology.

The Imaging Center also uses advanced 'filmless' technology. Radiologists are able to view images via computer, and record their interpretation directly on a CD with the image. CD copies of the studies can be made for the patient's record, or for doctors outside of the PRMC network.

The Breast Center provides digital mammography, breast ultra-sound screening and MRI breast imaging. The screening and diagnostic services offered in Peterson's Breast Center were created to provide a comfortable environment for all our patients. Extended patient appointment times are available to accommodate most schedules.



The Wound Healing Center

- Diabetic ulcers
- Pressure sores
- Venous stasis ulcers
- Non-healing surgical wounds
- Radiation injury wounds
- Wounds complicated by infections
- Crush injury
- Burns
- Lower leg swelling
- Skin tears

The Wound Healing Center's on-site diagnostic lab and diagnostic radiology services assist in identifying the reasons behind healing impairment. A skilled team of wound care nurses and physicians provide outpatient management and treatment of problem wounds.

Some patients benefit from hyperbaric oxygen therapy, which involves breathing 100% oxygen while the body is under greater than normal atmospheric pressure. Hyperbaric oxygen is a non-invasive therapy and is delivered inside a comfortable see-through chamber. The chamber is gently pressurized while a specially trained technician monitors the patient.

Peterson's Wound Healing Center offers you the most advanced therapies available. Our patients experience fewer re-hospitalizations, a reduced likelihood of prolonged or permanent disabilities and an improved quality of life.

You can ask to be referred by your physician or schedule an appointment on your own.



Outpatient Surgery Center - **(830) 258-7011**

Imaging and Mammography - **(830) 258-7650**

All Rehabilitation Services - **(830) 258-7383**

Wound Healing Center - **(830) 258-7323**

Outpatient Laboratory services are also available at Peterson Ambulatory Care Center, for the convenience of patients and physicians.

Outpatient Laboratory - **(830) 258-7720**

All services at Peterson Ambulatory Care Center are available Monday through Friday.

260 Cully Drive, Kerrville, Texas 78028
www.petersonrmc.com

The Ambulatory Care Center is a member of the Peterson Regional Medical Center family of programs.